

## 2025 Middle School and High School Y-Camps

## What to bring

- Sleeping bag or blankets/sheets (Cabins are heated and very nice; bunks have nice mattresses but not bedding. Bathrooms are located inside each cabin)
- Pillow
- Face masks
- Hand sanitizers
- Yoga mats
- A Bible, notebook & pen
- Flashlight
- Shower shoes
- Insect repellant
- Small amount of money, if desired (snack bar is available but snacks are provided)
- Swimsuit (please use discretion 1 piece is recommended for girls)
- Sunscreen
- Towels and washcloths (recommend two each)
- Toiletries (toothbrush, toothpaste, soap, shampoo, deodorant)
- Prescription medicine, in its original pharmacy packaging, inside a ziploc bag.
  Please label the ziploc bag with camper and counselor's name. (Give medication to nurse to dispense along with signed "Administration of Medication" form from your doctor)

- Sweatshirt / jacket (it can be 90 during the day and down to 60 at night)
- Rain jacket (optional). If it rains, we will be indoors, but we still have to walk to the dining room
- Comfortable and appropriate clothing: Shorts, T-shirts, athletic shoes, multiple pairs of socks, enough for several changes of clothes (there will be hiking, games on the grass field basketball, etc.) See Code of Conduct on camp application for dress code.
- Camera (consider sending a disposable one, if you don't want to lose or damage a more expensive one)
- Approved electronic device (iPod touch, tablet, etc.). If your camper is bringing an electronic device, please fill out the "additional information" section on the Camper Information form on camp application in order to make sure your camper's device is approved.
- Talent we will have opportunities for campers to perform if they would like.
- Hat and/or sunglasses (for sunny days)
- A plastic bag for transporting home wet and dirty clothes Also, prepare your favorite camp songs for your "tribe" to learn!

**Reminder**: Signed "Administration of Medication" form from doctor is required if your camper is bringing prescription medication. We cannot dispense prescription medication without this form.